

JUNIOR OLYMPIC LEVEL 9 & 10

2009 - 2013

Effective August 1, 2009




Conn. Val.	0.1	0.2	SR	VA	Connection Value	0.1	0.2	SI	VA	Connection Value	0.1	0.2	SR	Content
<u>Level 10</u> *Turn/flight C+C *For a connection of 2 elem. from Gr. 3/6/7 - turn/flight NOT req'd (elements must be diff.) C no turn/ C+D D+D flight req.)	<u>Level 10</u> Min of 1 C-Flight 2 nd diff. flight, min. B Min. C ele. w/ LA turn (not in mnt/dmt)	<u>Level 9</u> 2 Bar Changes Min. of 1 B-Flight 2 nd diff. flight, min. C OR min. C-ele. w/ LA turn (not in mnt/dmt) Salto/Hecht Dmt - B	Acro Flight (2 elem. excluding dmt.) * (excluding mnt/dmt- C must be salto)	B+D, B+E C+C, C/D+D *B + C	<u>Level 10</u> Acro Series- 2 flight, min. of 1 C; Also E (flight) +A (non-flight) Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. C or B with C-ele. connection	<u>Level 9</u> Acro Series- 2 flight Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. B	Acro. Indirect A/B+ A/B +C C+D A/B + A/B +D C+C A/B+D	Acro Direct B+B B+C A+C A/B+D A+A+C A+A+D C+C	2 *Dance/Mix B+D C+C C+D	D-salto+A-jump (This order only)	<u>Level 10</u> 1 Acro Series w/ 2 saltos OR 2 directly connected saltos (same or diff.) 3 Diff. Saltos Dance Pass w/ 2 diff. Gr. 1 elements (direct or indirect connection) - one a leap w/ 180° cross or side split Dmt. - min. C salto	<u>Level 9</u> Same as L10 except Dmt. - min. B salto	10 A 3 B 3 C 2 SV 9.5 9.7	L9:DE's (max.1) = C Unallowable elements = no Value + 0.5 deduction from Start Value Award CV & DV unless a fall occurs Missing Spec. Req. = 0.50
All acro elements used for CV must have flight													*No CV for a turn followed by a jump	

													A	CV	VP
													B D/E		SR
													C SV		
													D		FIN
													E		
													A CV		VP
													B	D/E	SR
													C SV		
													D		
													E		FIN
													A CV		VP
													B D/E		SR
													C	SV	
													D		
													E		FIN

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Connection Value 0.1 0.2	SR 	Connection Value 0.1 0.2	SR 	Connection Value 0.1 0.2	SR 	Content
<p><u>Level 10</u> *Turn/flight C+C *For a connection of 2 elem. from Gr. 3/6/7 - turn/flight NOT req'd (elements must be diff.)</p> <p>C no turn/ C+D D+D flight req.)</p> <p><u>Level 9</u> (If no turn/ C+C flight - must be different)</p> <p>Turn/flight C+C</p>	<p><u>Level 10</u> Min of 1 C-Flight 2nd diff. flight, min. B Min. C ele. w/ LA turn (not in mnt/dmt) Dmt- Minimum C</p> <p><u>Level 9</u> 2 Bar Changes Min. of 1 B-Flight 2nd diff. flight, min. C OR min. C-ele. w/ LA turn (no mnt/dmt) Salto/Hecht Dmt - B</p>	<p>Acro Flight B+D, B+E (2 elem. excluding dmt.) C+C, C/D+D *B + C * (excluding mnt/dmt- C must be salto)</p> <p>Acro flight B+ B +C B+C+C (3+ ele.)</p> <p>2 Dance/Mix A+D B+D (excluding dmt) B+C C+C C +C (diff. dance) (same dance elem.) C+D</p> <p>Turns A+C (or reverse)</p> <p>All acro elements used for CV must have flight</p>	<p><u>Level 10</u> Acro Series- 2 flight, min. of 1 C; Also E (flight) +A (non-flight) Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. C or B with C-ele. connection</p> <p><u>Level 9</u> Acro Series- 2 flight Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. B</p>	<p>Acro. Indirect A/B+ A/B +C C+D A/B + A/B +D</p> <p>C+C A/B+D</p> <p>Acro Direct B+B B+C A +C A/B+D A+A+C A+A+D C+C</p> <p>2 *Dance/Mix B+D C+D C+C (diff. dance) D-salto+A-jump (This order only)</p> <p>*No CV for a turn followed by a jump</p>	<p><u>Level 10</u> 1 Acro Series w/ 2 saltos OR 2 directly connected saltos (same or diff.) 3 Diff. Saltos</p> <p>Dance Pass w/ 2 diff. Gr. 1 elements (direct or indirect connection) - one w/ 180° split Dmt. - min. C salto</p> <p><u>Level 9</u> Same as L10 except Dmt. - min. B salto</p>	<p>10 $\frac{9}{3}$ A $\frac{3}{3}$ B 3 4 C 2 1 SV 9.5 9.7</p> <p>L9:DE's (max.1)= C</p> <p>Unallowable elements = no Value + 0.5 deduction from Start Value</p> <p>Award CV & DV unless a fall occurs Missing Spec. Req. = .50</p>

					A	CV	VP
					B D/E		SR
					C SV		
					D		
					E		FIN

					A CV		VP
					B	D/E	SR
					C SV		
					D		
					E		FIN