



NAWGJ Mission:

to provide professional development for its members and to support and promote women's gymnastics in the United States



February 2022

Contents:

UPDATES & REMINDERS

EDUCATION

STATE & REGIONAL ASSIGNMENTS ARE PUBLISHED

<http://txnawgj.org/index.php/state-meet-assignments/item/686-2021-22-opt-event-assignments>



TAAF STATE MEET AVAILABILITY IS DUE SUNDAY, MARCH 6

<http://txnawgj.org/index.php/forms/2022-taaf-avail-online>



LEVEL 6/7 VAULT

Please review

[Linda Thorberg's level 7 vault practice video.](#)

Coaches are reporting inconsistencies in our scores.

	Early bird group price	Regular group price	
<u>Region 3 Congress</u>	Through February 23	February 24 – May 26	First opportunity for nationals and brevets to test
June 10-12, 2022	\$110	\$140	
Embassy Suites, Norman, OK			
http://www.usagymrc.com/region3/			
<u>National Congress</u>	Through April 13	April 14 – August 4	First opportunity for the remaining judges to test
August 18-21, 2022	\$150	\$180	
Tampa Convention Center, Tampa FL			
https://www.usagymcongress.com/registration/			

Texas NAWGJ is offering a group discount for both Region 3 Congress and National Congress

Send your name, USAG number, and check payable to NAWGJ to:

Bonnie Crawford, TX SJD

4817 Woodcreek Ct.

North Richland Hills, TX 76180



Bonnie will submit your registration, so you can receive the discount as part of the Texas group entry. No form is required, but you will need to be part of the Region 3 NAWGJ club in your USAG profile
(Member Services > My Profile > My Clubs > Add a Club > Club Member Number = 932022, State = TX > Search > Add).



EXAM PREPARATION!!

Exam Preparation Education:

May 19, May 24, May 26, May 31, June 2, June 7, June 9, June 14

All sessions will be:

- EDT: 8:00 PM to 10:00 PM
- CDT: 7:00 PM to 9:00 PM
- MDT: 6:00 PM to 8:00 PM

Flipping Education New Optional Judging Practice 2022 Level 10

REGISTER: Go to the website <http://www.flippingedu.com> and select the Optional Practice 2022 icon. Purchase and pay online, or send a check with your payment including name, e-mail, and phone to:

Flipping Education
92 State Street
Perth Amboy, NJ 08861



- Bars special requirements are now valued at .5 (no longer .2)
- **UPDATE: Solid black shorts are NOT now allowed. Apply the .2 deduction for "inappropriate" attire.** This rule was just changed to reflect USAG's allowance of black shorts with the same criteria.

WE COULD USE MORE HELP!

Seeking volunteers for regional meets in Texas:

April 22-24, 2022 Level 9/10 Regionals, Plano
April 29-May 1, 2022. Level 7 Regionals, Plano
May 6-8, 2022. Xcel Diamond & Platinum, San Antonio



Become a NAWGJ Education Champion

You've developed a great educational project!
Now, you're invited to share your work with NAWGJ members!



<https://mail.google.com/mail/u/0/?ui=2&view=bt&ver=i6jz42h020bi&msg=f%3A1725403994466007372&attid=0.1>

Fri. Feb. 25	9:00 – 11:00	Sr. Women Winter Cup Podium Training:	2 Volunteers
	11:30 – 1:30	NLC Timed Warm-ups:	2 Volunteers
	1:30 – 4:00	NLC Competition:	10 Volunteers
Sat. Feb. 26	7:30 – 10:00	Jr. Women Winter Cup Podium Training:	2 Volunteers
	10:00 – 11:45	Sr. Women Winter Cup Timed Warm-ups:	2 Volunteers
	12:00 – 2:00	Sr. Women Winter Cup Competition:	11 Volunteers
Sun. Feb 27	10:00 – 12:00	Jr. Women Winter Cup Timed Warm-ups:	2 Volunteers
	12:00 – 2:30	Jr. Women Winter Cup Competition:	11 Volunteers

New IRS Mileage Fee



Judges' mileage reimbursement
for 2022 is 58.5 cents, up 2.5 cents from 2021

Diversity, Equity, Inclusion & Belonging in Gymnastics

Contact Linsey Hamilton (linseyhamiltonpt@gmail.com) or
Connie Dickson (condickson@aol.com) for more
information



GAT 2022

Cookie Batsche will be the
guest speaker at GAT 2022

Review some of these NAWGJ educational videos, both because they are valuable
and they can inspire you to think of some topics you would like at GAT:

- [The Mystery of the Mats](#)
- [Landing Errors on Vault](#)
- [Landing Errors on Bar Dismounts](#)
- [Balance Errors on Beam](#)
- [Landing Errors on Beam Dismounts](#)
- [Landing Errors on Floor](#)

Annual Membership Meeting and Luncheon:

At GAT - Saturday, 12:00 PM – 1:30 PM

WOMEN'S PROGRAM RULES & POLICIES



- **2021-22 Rules and Policies now available online:**
[https://usagym.org/PDFs/Women/Rules/Rules and Policies/2021/2021_2022_w_rulespolicies.pdf](https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2021/2021_2022_w_rulespolicies.pdf)
- **Judging compensation:**
 - We have returned to the before-COVID, two 30-minute break maximum:
 - 2 sessions: 30 minutes break time
 - 3 or more sessions: 1 hour break time (unless you are not provided at least 30 minutes at 2 of the breaks)
 - Per diem is now \$20 (up from \$15)
 - Review in [Rules and Policies](#)

TX NAWGJ State Governing Board (SGB) 2021-2023 Members

Be sure to add sjd@txnawgj.org to your contacts, so the messages don't go into your spam folder. You may be missing something important.

If you have questions, please reach out to your SGB members.

Please **thank them** for their many hours of dedication to Texas gymnastics.

[Jack Dunlop](#) - District 1 Assigner and High School Coordinator

[Kevin Freeman](#) - District 2/3 Co-Assigner

[Amy Heidel](#) - District 2/3 Co-Assigner

[Denise Coats-Lauriat](#) - District 2/3 High School Assigner

[Stephanie Bell-Turner](#) - District 4/7 Assigner

[Erika Franklin](#) - District 5/6 Assigner

[Jennifer Porter](#) - Secretary/Newsletter Editor

[Tiffany Schwartz](#) - Treasurer

[Tracy Brewer](#) - Event Coordinator

[Bonnie Crawford](#) - State Judging Director (SJD)

About Texas NAWGJ

TX NAWGJ Mission

To provide professional development, leadership, and support to Texas NAWGJ members and to unify and promote women's gymnastics throughout the state.

