



NAWGJ Mission:

to provide professional development for its members and to support and promote women's gymnastics in the United States



January 2021

Contents:

MEET INFO

UPDATES

COVID & HOTELS

TESTING OPPORTUNITY:

February 22nd at 5:00pm @ at Zenith in McKinney



TEXAS HIGH SCHOOL STATE MEET AVAILABILITY

DEADLINE IS: JANUARY 20, 2021

<http://txnawgj.org/index.php/to-do/2021-01-20-texas-hs-state-avail>

TEAM TEXAS WON THE NATIONAL JUDGES CUP!!

The Level 7 gymnasts in teams of six (6) members and one alternate representing their respective state compete for the title of Patty J Shipman Level 7 State Team Challenge Champion. Up to twenty-five (25) states have been represented at past National Judges Cups and this number continues to grow.

TEXAS PROUD! CONGRATULATIONS TO THE ATHLETES & COACHES



*1st Place Team Texas – National Judges cup
L-R – Jesslyn Porter (Achievers), Arianna Palmeri (The Rock),
Audrey Collins(Achievers), Tatum Traylor(Achievers), Norah
Collins(Achievers)
Summer Terrill(Achievers) & Alexa Liberty(The Rock)*



NATIONAL JUDGES CUP
GYMNASTICS CHAMPIONSHIPS
HOSTED BY NAWGJ



Texas Judges' Xcel Xtravaganza & ALL LEVEL EVALUATION

February 20-21, 2021

Zero Gravity Waco
8043 Robinson Industrial Park
Robinson, TX 76706

Meet Director: Jan Eyman

Levels: All Levels XCEL & JO & *ACRO & TUMBLING (NEW for 2021*)

Competition: Individual & Team Competition *New team designations
Small Team: 3-5 athletes 3 scores count
Medium Team: 6-10 athletes 5 scores count
Large Team: 11+ athletes 7 scores count

*100% medals for all competitors

Entry Fee: All levels \$85
\$40 Team (sorry, no refunds)

Entry Deadline: Entries must be received by: Friday, January 29th, 2021
*Late fees will be assessed as per Texas Rules & Policies for any late entries
*There are no offers for Early Bird discounts

ONLINE REGISTRATION: Enter online at: TXNAWGJ.ORG : XCEL Xtravaganza & ALL Level Invitational

OR SNAIL MAIL to:
Bonnie Crawford c/o TX NAWGJ
4817 Woodcreek Ct.
North Richland Hills, TX. 76180

Final Schedule: Posted ASAP - Friday, Saturday & Sunday Sessions possible

Hosted by:
Texas National Association of
Women's Gymnastics Judges



COACHES!!

There is still time to enter
your athletes
in the

2021 XCEL XTRAVAGANZA,
*ALL-LEVEL EVALUATION,
&
*ACRO & TUMBLING TOO!

100% MEDALS

DEADLINE IS
JANUARY 29th



NEW 2021

Per the IRS - NEW MILEAGE RATE IS .56 /MILE



USA GYMNASTICS

CORONAVIRUS UPDATE

USAG UPDATES!

*MEET DIRECTOR CONSIDERATIONS:

<https://usagym.org/PDFs/About%20USA%20Gymnastics/covid/returntocom>

Judges: must use facial covering (mask, shield, both) at all times; if you do not feel you can judge with a facial covering, do not accept the contract. Also, be respectful of other judges in the judges' room and social distance & mask up as necessary.

This comes out of R&P on p. 42 of the electronic version:

C. Lodging

1. If a judge must stay overnight prior to, during or following the competition, lodging must be provided and paid for by the Meet Director.
2. The form of accommodation must be specified in the judge's contract. Accommodations based on double occupancy in a room must provide two beds, which cannot include a sleeper sofa. with the approval of the Meet Director. A judge may request single room accommodations. However, if approved, the Meet Director is not responsible for the full financial obligation unless otherwise agreed upon by both parties.
3. Whenever there is an early-morning report time and/or a late finish time, it is recommended that the Meet Director provide the option for the judges to stay at a hotel. Distance and/or weather conditions should be considered.

Also, you may request a single hotel room at any meet where hotel accommodations are needed (TAAF or USAG). However, the Meet Director may ask you to pay for half the hotel room charges - this also comes from USA Gymnastics.

Has anything changed?
Keep your info updated in GymJAS!



We're already prepping for an awesome
summer of learning!

Save the date!
September 4-5, 2021:

- Eric Pung - co-author of the new compulsory routines
- Brandi Smith - Physical Therapist at Perfect 10 Physical Therapy – How to relax, rejuvenate, and refocus between sessions
- THIS IS JUST THE BEGINNING!

LEVEL 8 COMPOSITION Q & A

QUESTION: A floor routine with only 2 tumbling passes:

She does a round-off, back handspring, full ... and a front handspring, front layout, front pike
-So 1 B and a pass with a Direct B-B is not listed under the composition deductions.

ANSWER:

This is a common occurrence. It's missing another salto. It does not fit in the chart but .05 is

not enough in my opinion. It's a separator from a girl that does front lay front pike then a front tuck to a full. Also a two pass routine is taking a lot less energy and possible deduction than a 3 pass routine.

I took .10 all last year for that scenario.

Hope this helps.

Carole Bunge



IMPORTANT UPDATE! DON'T JUDGE THE RUN!

Vault:

The athlete run will NOT be scored for virtual AND in-person events for the 2020-2021 competition season.

This will affect the following deductions for the below level(s):

- Development Program (DP) Level 1: Only Up to 0.30 – Failure to maintain horizontal speed
- DP Levels 2 and 3: Both Up to 0.30 – Failure to maintain horizontal speed AND Up to 0.30 – Insufficient acceleration during the run

About Texas NAWGJ

TX NAWGJ Mission

To provide professional development, leadership, and support to Texas NAWGJ members and to unify and promote women's gymnastics throughout the state.

TX NAWGJ State Governing Board (SGB)

If you have questions, please reach out to your SGB members.

Please **thank them** for their many hours of dedication to Texas gymnastics.

[Jack Dunlop](#) - District 1 Assigner and High School Coordinator

[Kevin Freeman](#) - District 2/3 Assigner

[Denise Coats-Lauriat](#) - District 2/3 High School Assigner

[Jenny Robinson](#) - District 4/7 Assigner

[Erika Franklin](#) - District 5/6 Assigner

[Jennifer Porter](#) - Secretary/Newsletter Editor

[Tiffany Schwartz](#) - Treasurer

[Laurie Skelton](#) - Event Coordinator

[Bonnie Crawford](#) - State Judging Director (SJD)