



NAWGJ Mission:

to provide professional development for its members and to support and promote women's gymnastics in the United States



March 2022

Contents:

**UPDATES &
REMINDERS**

EDUCATION

REGION 3 C CAMP

Support Region 3 and further athlete development by participating in these fun and educational camps!

LEVEL 7 & 8 FUTURES CAMP

- June 26 at Texas Dreams in Coppell, Texas AND/OR
- July 9 at CGI in Aurora, Colorado

LEVEL 9 & 10 HIGH PERFORMANCE

- June 25 at Texas Dreams in Coppell, Texas AND/OR
- July 10 at CGI in Aurora, Colorado

DETAILS:

WHO: Athletes that have previously competed Level 7-10 in Region 3

COST: \$160 per athlete, online payment due upon registration

TIME: Approximately 6 hours of instruction

REGISTRATION: Opens April 1st on <https://www.reg3.com/camps>

QUESTIONS: Contact Rich at colorich72@gmail.com

**STATE & REGIONAL ASSIGNMENTS ARE
PUBLISHED**

<http://txnawgj.org/index.php/state-meet-assignments/item/686-2021-22-opt-event-assignments>



JUDGES CLINICS

in conjunction with

NATIONAL COLLEGE BOUND SHOWCASES

July 16, 2022

WOGA – Frisco, TX

<https://ssgymcamps.com/club-athlete-coach-information-woga/>

October 22, 2022

Houston Gymnastics Academy, Houston, TX

<https://ssgymcamps.com/club-athlete-coach-information-hga/>



TEXAS EXAM PREPARATION!!

MAY 28th

*HYBRID - IN PERSON (location pending) & VIRTUAL

*MARILYN BLILIE, REGION 3 RTCC; JAN EYMAN;

LAURIE SKELTON; BONNIE CRAWFORD

Price TBA

COLORADO EXAM PREPARATION!!

JUNE 4-5th

*JUNE 4-5th HILTON GARDEN INN, DENVER AIRPORT

*LINDA THORBERG, REGION 4 RTCC

PRICE SATURDAY \$50 / SUNDAY \$25

<https://docs.google.com/forms/d/e/1FAIpQLSfPPaLitdsYP7vol2XW39NSfPxGhACKRQi5jVOWPStoje5brA/viewform>

Flipping Education New Optional Judging Practice 2022 Level 10

REGISTER: Go to the website <http://www.flippingedu.com> and select the Optional Practice 2022 icon. Purchase and pay online, or send a check with your payment including name, e-mail, and phone to:

Flipping Education
92 State Street
Perth Amboy, NJ 08861



EXAM PREPARATION!!

Exam Preparation Education:

May 19, May 24, May 26, May 31, June 2, June 7, June 9, June 14

All sessions will be:

- EDT: 8:00 PM to 10:00 PM
- CDT: 7:00 PM to 9:00 PM
- MDT: 6:00 PM to 8:00 PM

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| | Early bird group price | Regular group price | |
|---|----------------------------|----------------------|---|
| <u>Region 3 Congress</u> | Through February 23 | February 24 – May 26 | First opportunity for nationals and brevets to test |
| June 10-12, 2022 | \$110 | \$140 | |
| Embassy Suites, Norman, OK | | | |
| http://www.usagymrc.com/region3/ | | | |
| <u>National Congress</u> | Through April 13 | April 14 – August 4 | First opportunity for the remaining judges to test |
| August 18-21, 2022 | \$150 | \$180 | |
| Tampa Convention Center, Tampa FL | | | |
| https://www.usagymcongress.com/registration/ | | | |

Texas NAWGJ is offering a group discount for both Region 3 Congress and National Congress



Send your name, USAG number, and check payable to NAWGJ to:

Bonnie Crawford, TX SJD
4817 Woodcreek Ct.
North Richland Hills, TX 76180

Bonnie will submit your registration, so you can receive the discount as part of the Texas group entry. No form is required, but you will need to be part of the Region 3 NAWGJ club in your USAG profile

(Member Services > My Profile > My Clubs > Add a Club > Club Member Number = 932022, State = TX > Search > Add).

LEVEL 6/7 VAULT

Please review

[Linda Thorberg's level 7 vault practice video.](#)

Coaches are reporting inconsistencies in our scores.



- Bars special requirements are now valued at .5 (no longer .2)
- **UPDATE: Solid black shorts are NOT now allowed. Apply the .2 deduction for "inappropriate" attire.** This rule was just changed to reflect USAG's allowance of black shorts with the same criteria.

WE COULD USE MORE HELP!

Seeking volunteers for state and regional meets in Texas:



April 2-3, 2022 L7 State WOGA – Frisco

<https://www.signupgenius.com/go/10C094FA8AE2AA7FE3-judges2>

April 2-3, 2022 Xcel Platinum & Diamond Birdville ISD Coliseum – Haltom City

<https://www.signupgenius.com/go/10C094FA8AE2AA7FE3-judges1>

April 8-10, 2022 Xcel Gold Powerhouse TNT – San Antonio

<https://www.signupgenius.com/go/10C094FA8AE2AA7FE3-judges3>

April 21-24, 2022 Xcel Bronze/Silver North Texas Dynamix – Plano

Sign up pending schedule

April 21-24, 2022 Xcel Bronze/Silver South WGA – Spring

Sign up pending schedule

April 22-24, 2022 Level 9/10 Regionals Plano

Sign up pending schedule

April 29-May 1, 2022 Level 7 Regionals Plano

Sign up pending schedule

May 6-8, 2022 Xcel Platinum & Diamond San Antonio

Sign up pending schedule

Become a NAWGJ Education Champion
You've developed a great educational project!

Now, you're invited to share your work with NAWGJ members!



<https://mail.google.com/mail/u/0/?ui=2&view=bt&ver=i6jz42h020bi&msg=%23msg-f%3A1725403994466007372&attid=0.1>



ANNUAL CPE DUE

MAY 31st

SJD@TXNAWGJ.ORG

(preferred)

or snail-mail to

Bonnie Crawford, TX SJD
4817 Woodcreek CT
North Richland Hills, TX 76180



GAT 2022

Cookie Batsche will be the guest speaker at GAT 2022

Review some of these NAWGJ educational videos, both because they are valuable and they can inspire you to think of some topics you would like at GAT:

- [The Mystery of the Mats](#)
- [Landing Errors on Vault](#)
- [Landing Errors on Bar Dismounts](#)
- [Balance Errors on Beam](#)
- [Landing Errors on Beam Dismounts](#)
- [Landing Errors on Floor](#)

Send suggestions for topics to Bonnie at sjd@txnawgj.org

Annual Membership Meeting and Luncheon:
At GAT - Saturday, 12:00 PM – 1:30 PM

WOMEN'S PROGRAM RULES & POLICIES



- 2021-22 Rules and Policies now available online:
[https://usagym.org/PDFs/Women/Rules/Rules and Policies/2021/2021_2022_w_rulespolicies.pdf](https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2021/2021_2022_w_rulespolicies.pdf)
- Judging compensation:
 - We have returned to the before-COVID, two 30-minute break maximum:
 - 2 sessions: 30 minutes break time
 - 3 or more sessions: 1 hour break time (unless you are not

- provided at least 30 minutes at 2 of the breaks)
- Per diem is now \$20 (up from \$15)
- Review in Rules and Policies

Diversity, Equity, Inclusion & Belonging in Gymnastics



Contact Linsey Hamilton (linseyhamiltonpt@gmail.com) or
Connie Dickson (condickson@aol.com) for more
information

TX NAWGJ State Governing Board (SGB) 2021-2023 Members

Be sure to add sjd@txnawgj.org to your contacts, so the messages
don't go into your spam folder. You may be missing something
important.

If you have questions, please reach out to your SGB members.

Please **thank them** for their many hours of dedication to Texas gymnastics.

[Jack Dunlop](#) - District 1 Assigner and High School Coordinator
[Kevin Freeman](#) - District 2/3 Co-Assigner
[Amy Heidel](#) - District 2/3 Co-Assigner
[Denise Coats-Lauriat](#) - District 2/3 High School Assigner
[Stephanie Bell-Turner](#) - District 4/7 Assigner
[Erika Franklin](#) - District 5/6 Assigner
[Jennifer Porter](#) - Secretary/Newsletter Editor
[Tiffany Schwartz](#) - Treasurer
[Tracy Brewer](#) - Event Coordinator
[Bonnie Crawford](#) - State Judging Director (SJD)

About Texas NAWGJ

TX NAWGJ Mission

To provide professional development, leadership, and support to Texas NAWGJ
members and to unify and promote women's gymnastics throughout the state.